Getting Involved

Why Get Involved?

- Research consistently shows greater collegiate satisfaction.
- Students are more likely to graduate on time, get better grades, and develop higher critical thinking skills.
- Involvement leads to academic and personal success.
- Allows students to examine ideas and develop a connection with the Metro State community.

Important Questions to Ask

- Why am I being recruited to be a member of this group?
- Is this group affiliated with any national organizations?
- What is this group’s relationship, if any, to Metro State?
- What values does the group advocate?
- How is this group funded?
- What commitments of time, money and other resources does the group expect of its members?
- How much time does the group allow a potential member to decide whether to join?
- How difficult is it to leave the group or remove one’s affiliation?
- Does the group respect a member’s commitments to personal time, family, and friends outside the group?
- Does the group encourage questions and discussions about its beliefs and practices?
- Does the group require absolute obedience or devotion of its leader(s)?
- What will I gain from being a member of this group? How does that involvement fit with my own goals, values, and ideas?
- Does the group use many names for itself, or no names? If so, why?

Assess your Previous Involvement

- How have I been involved in the past?
- What did I gain from that experience?
- Why did I choose those organizations?
- What area would I like to explore?
- What kind of involvement am I looking for now?

Utilize Your Resources

- Student Activities Office
- World Friendship Festival/Spring Fling
- Academic Advisors
- Friends, family, acquaintances

Get Involved

Act

- Visit the Student Activities website to obtain contact information for individual groups.
- Determine how much time you have to devote to a group and decide which ones will best fit with your schedule.
- Think about your goals and skills and determine how the group can help you meet those needs.
- Take a friend to the meeting.
- Go to the meeting with a current member.

General Tips

- Talk with your academic advisor about academic groups.
- Get as much information about groups before you go to meetings.
- Learn to say, “no” when needed. Don’t overextend yourself.
- Be selective about the groups you join.
- Join a committee in the organization you choose.
- If you are unhappy with your experience, leave the group. If you feel pressured to stay in the group, visit Student Activities and speak with a staff member.