MESSAGE FROM THE HPS CHAIR: Dr. Ruth Ann Nyhus

Hello Alumni -

We hope you look back with positive memories of your time and have a warm place in your heart for MSU Denver! Please come back and visit, take a tour and see what things are the same and what is new! We would really appreciate it if you would consider sharing your time and talents with our present students. If you are interested please contact us at hps@msudenver.edu. We hope you enjoy our newsletter and be sure to watch for our annual outreach campaign that will be coming in the spring. We welcome you to stay connected to where it all started – MSU Denver!

Athletic Training Program

The 2013-14 academic year brought one major change to the MSU Denver Athletic Training Program. We are very happy to introduce our new Clinical Education Coordinator, Jennifer Huseman, MS, ATC. Professor Huseman came to MSU Denver from the University of Central Missouri where she also served as the Clinical Education Coordinator and assistant Athletic Trainer. Jenn has an extensive background in rehabilitation as well as working with the active population throughout the lifespan. She is currently in final phase of her doctoral program and has many new and exciting ideas that will continue to help our students in their pursuit to become nationally Certified Athletic Trainers.

The Athletic Training Program also has a new dedicated laboratory space where formal classes are held with access to all anatomical models and examination tools. Additionally, the space can be utilized by students during off times to study and practice skills. We are continuing to add new clinical preceptors and sites to our program and we are always investigating new ways to ensure the MSU Denver Athletic Training Program remains rigorous and respected throughout the community.

Pictured above:
Alia Ware – Senior Athletic Training student, Kennedy High School

Adult Fitness/Exercise Science

Hello Metro State HPS-AFES graduates! On behalf of our entire faculty, I certainly hope all of you are doing well.

Accreditation: First, our program accreditation is still intact. We were originally accredited in 2011 and will submit a bid for reaccreditation in 2016. Each year, we submit an annual report
to maintain our status as one of the only accredited programs in the country. So far, so good! Thanks to those of you who were contacted recently to answer survey questions needed for our annual report!

**Recent Graduates:** We’ve had several recent graduates find employment after completing their internships. The following agencies have hired AFES interns (to name a few): Anschutz Health and Wellness Center, MusclePharm, Steadman-Hawkins, South Denver Cardiology, Valor Christian High School S & C, Muscle Activation Techniques, and Aurora Hospital Cardiac Rehabilitation. Congratulations!

**Faculty:** Dr. Thompson, Julie Mancuso and Dr. Quatrochi are continuing to teach the bulk of the AFES major courses. We have some outstanding adjunct faculty who contribute to our program as well. Of note is the fact that one of our former students, Isaiah Castilleja is doing a terrific job teaching several classes in the department now. Dr. Thompson is bringing prestige to our department through his work with the ACSM. He serves in several prominent roles as the Chair of the HFS certification committee and as a planning committee member for the ACSM Health and Fitness Summit

**Curriculum:** We’ve made several changes over the past year to improve our major. First, we’ve instituted an AFES Major Application process. It will allow us to differentiate students who have a passing interest from those who are truly eligible to pursue our major. Secondly, we’ve renumbered some courses to allow for a more logical sequence to assist students as they attempt to identify a suitable internship placement. Third, in keeping with accreditation requirements, we’ve adopted a new policy that will require students to obtain a professional certification (ACSM HFS or NSCA CSCS).

**Department/Facility:** New improvements and renovations within our facility include: installation of new modular walls in PE 209 and 212; new lighting and flooring in PE 209; creation of a new computer in PE 211 - lab opened in September of 2014.

**AFES Club:** Several dedicated students spent lots of time last year attending meetings, fundraising and soliciting new members for our newly formed AFES club. The AFES club officers submitted a proposal to the student travel office and were awarded travel funds to attend the 2014 ACSM Health and Fitness Summit! It was a terrific professional development opportunity for our students!

All in all, it was a productive and enjoyable year in our department. We hope you’ve enjoyed reading about it. Please stay in touch and let us know how you’re doing!

**Sport Industry Operations**

The Sport Industry Operations program is excited to announce the 2014-2015 Advisory Board. The main purpose of the SIO Advisory Board is to provide feedback regarding the curriculum, applied experiences, and current industry trends in furthering the educational development of our students.

Current members include:

- Natasha Garza, Human Resources, Kroenke Sports
- Tim Gelt, Media Relations, Denver Nuggets *MSU Denver Alum
The goal of the SIO program at MSU Denver is to be known for developing well-prepared, professionally competent graduates whom are ready to contribute to the sport industry. In addition, the SIO program looks to further add to the local and regional community by developing a heightened emphasis on social responsibility and service learning among students. To that end, our classes have completed some excellent applied and community outreach projects. For example:

- Students in the Sports Media Operations course developed Media and Marketing Campaign proposals for current NFL players and NFL prospects via Advisory Board Member Adrian Ross.
- Students in the Sport Event Operations course planned, organized, and implemented the Roadrunner Challenge, an “Amazing Race” type event where high school students from the Denver Metro area visited MSU Denver, competed in challenges across campus, interacted with college students, and received information about the University. The MSU Denver students worked many hours both in and outside of class to find sponsors, solicit donations for prizes, and raise money for a scholarship. The class was very proud of the $500 scholarship they awarded to the winning team, which in turn was given to a deserving student.

We are also excited to announce that we are developing a Speaker Series in conjunction with the SIO Club. A variety of sport industry leaders will bring additional knowledge and expertise to our students and campus. Stay tuned for updates!

Congratulations to Dr. Kenneth Engelbrecht who officially entered retirement in May 2014. He will continue to be the head adviser as well as teach during the Fall 2014 semester as part of a transitional retirement package. He will be missed by MSU Denver and his colleagues in Earth and Atmospheric Sciences.

Pictured above:
Stephanie Low – Intern at Colorado Premier Basketball
Christian Screiber – Intern at Stadium Management Company & Sport Authority Field at Mile High
K12 Physical Education

Student Teacher of the Year awards:

Congratulations to our alumni who were former students of the year in K12 Physical Education.

- Kareem Howard
- Tony Stafford
- Richard Dell
- Chris Watts
- Kim Hornaday
- Miranda Lamonski

Alumni Update: Where are they now?

Troy Boyer - Athletic Director/Physical Education Teacher, Cornerstone Christian Academy
Chris Carhart - Physical Education, Sixth Avenue Elementary
Bailey Clark - Physical Education, Thornton High School
Danielle Fries - Physical Education, Boulder High School
Terry Mullinberg – Physical Education, Creighton Middle School
Tony Stafford - Physical Education, Estes Park Elementary
Bonnie Walker – Physical Education, Creighton Middle School
David Westdall - Physical Education, Riverdale Elementary

*please send us an email and let us know where you are!*

“Congrats to 2013 Colorado Teacher of the Year” and alumni:

Elizabeth Miner - Physical Education, Fitzsimmons Middle School
What a fabulous award selected from all K12 Colorado teachers (in all content areas)!

National Conference: SHAPE America (formerly AAHPERD) will be in Seattle, Washington this coming Spring. Three presentations from MSU Denver student and faculty groups have been accepted to present! Way to go!

Pictured above:
Dr. Susan Bertelsen with Student Teacher of the Year 2012 winner Richard Dell
Nick Schwab, student teacher at Creighton Middle School, with HPS Alums Bonnie Walker and Terry Mullinberg
Thank you for being amazing alumni and proudly representing the MSU Denver family - please keep us updated on your whereabouts and come back for a visit!

In Good Health,

HPS Department Faculty