

EXERCISE SCIENCE, B.S.

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GENERAL STUDIES		MAJOR COURSES	
Written Communication		Choose ONE course from the following:	
See University catalog for approved courses	3	<u>HPS 1440: Stress Management Techniques</u>	3
See University catalog for approved courses	3	<u>EXS 2890: Personal Training Concepts and Application*</u>	3
Oral Communication		<u>EXS 4650: Exercise Electrocardiography*</u>	3
See University catalog for approved courses	3	<u>EXS 4772: Performance Enhancement Specialist*</u>	3
Quantitative Literacy		Must take each of the following courses:	
See University catalog for approved courses	3	<u>EXS 1020: Resistance Training Techniques</u>	3
Arts and Humanities		<u>ATP 1623: Prevention and Care of Athletic Injuries</u>	3
See University catalog for approved courses	3	<u>EXS 1640: Physical Fitness Techniques and Programs</u>	3
See University catalog for approved courses	3	<u>HPS 3300: Anatomical Kinesiology*</u>	3
Historical		<u>HPS 3340: Exercise Physiology*</u>	3
See University catalog for approved courses	3	<u>EXS 3780: Fitness Programs for Special Populations*</u>	2
Natural and Physical Sciences		<u>EXS 3790: Fitness Programs for Children, Adolescents and Older Adults*</u>	3
<u>BIO 1080: General Biology**</u>	3	<u>EXS 3841: Comparative Fitness Programs*</u>	2
<u>BIO 1090: General Biology Lab**</u>	1	<u>HPS 4660: Legal Liability for Physical Educators, Coaches and Administrators*</u>	3
<u>BIO 2310: Human Anatomy & Physiology I*</u>	4	<u>EXS 4680: Advanced Exercise Assessment and Exercise Prescription*</u>	4
Social and Behavioral Sciences I		<u>EXS 4780: Community Fitness Testing*</u>	3
See University Catalog for approved courses	3	<u>EXS 4880: Internship in Exercise Science*</u>	10
Social and Behavioral Sciences II		<u>NUT 2040: Introduction to Nutrition</u>	3
<u>PSY 1001: Introductory Psychology*</u>	3	<u>BIO 2320: Human Anatomy & Physiology II*</u>	4
Global Diversity		MAJOR CREDIT HOUR TOTAL 52	
See University catalog for approved courses	3	ELECTIVES	
GENERAL STUDIES CREDIT HOUR TOTAL 38		<u>HPS 2060: Emer Rescue, 1st Responder & CPR</u>	3
MULTICULTURAL		<u>See advisor for additional approved electives</u>	
See University catalog for approved courses	3	ELECTIVE CREDIT HOUR TOTAL 9-10	
MULTICULTURAL CREDIT HOUR TOTAL 3		MINOR	
<p>*See University catalog for prerequisite and other requirements **See University catalog for co-requisite requirements</p> <p>Effective Fall 2012, a grade of "C" in all major/prerequisite courses is required in order to receive credit</p>		MINOR CREDIT HOUR TOTAL 18	
		MINIMUM TOTAL CREDIT HOURS 120	