NUTRITION MINOR
Metropolitan State University of Denver
Department of Nutrition
P.O. Box 173362, Campus Box 33N, Denver, CO 80217-3362
http://www.msudenver.edu/nut

The minor in nutrition is designed to complement a major chosen by a student and/or for individuals who wish to establish self-improvement programs by gaining a basic understanding of nutritional studies. A minimum of 18(eighteen) credit hours is required to complete the minor. A letter grade of at least “C” must be attained in each of the courses in the nutrition minor.

The nutrition minor will not meet educational requirements for qualification as a registered dietitian (R.D.). A major in nutrition from an accredited institution, an approved internship, and passing a national exam are all requirements to obtain the R.D. credential.

REQUIRED Courses: Credit Hours
NUT 2040-Introduction to Nutrition 3
NUT 3040-Nutrition Concepts and Controversies 3
NUT 3050-Concepts of Lifecycle Nutrition 3

ELECTIVE Courses: Select 9(nine) credits from the following:
NUT 3200-Nutrition and Sports Performance 3
NUT 3300-Cultural Aspects of Nutrition** 3
NUT 3400-Nutrition and Weight Management 3
HTE 3643-Healthy Cooking 3

TOTAL CREDITS for the minor: 18

**This course satisfies the Multicultural requirement.

For questions or further information, please schedule an advising appointment with a Nutrition Program Advisor in the Department of Nutrition, WC 240, 303.615.0990.