List of OA knots

Click for online resource

Bowlines
- Single bowline with finishing knot
- Double bowline with finishing knot
- Interlocking bowlines

Butterfly knot

Clove hitch*

Double fisherman’s knot

Figure 8 family
- Retraced figure 8 knot / figure eight follow-through*
- Figure 8 on a bight*
- Flemish bend

Friction hitches (choose at least one)
- Prusik
- Kleimheist
- Autoblock

Girth hitch

Munter hitch

Overhand*

Radium hitch

Square knot

Water knot*

Marked with * are the knots we teach in rock and ice climbing