

Gear List –

Outdoor Adventure can provide every item on the list or bring your own. Please let us know what you will need from us.

Climbing equipment

- Ice tools
- Back pack
- Boots
- Crampons
- Harnesses
- Cordellets
- Karabiners
- Helmet
- Slings
- Ice screws
- Spare picks
- Locking karabiners
- Belay device

Clothing

- Polypro base layer
- Non-cotton main layer
 - Pants
 - Shirt
- Fleece jacket
- Gortex shell
 - Pants
 - Jacket
- Gloves/mitts
- Glove liners
- Two layer sock combo
- Spare socks
- Spare gloves
- Belay Jacket
- Hat or helmet liner
- Spare hat
- Sun or safety glasses

- Safety glasses
- First aid kit
- Spare clothing - participant

Tools/hardware

- Crampon fitting tools
- Multi tool

Other

- Thermos
- Food
- Water
- Headlamp
- Hand warmers
- Camera
- Participant Info/cards

Safety equipment

